

as jet coaster riding. The before and after measurements of the aforementioned experiences will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of these tested experiences.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (29)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of condition of working in the midnight or continue working in a dark room without receiving natural sunlight directly or indirectly to the body. The before and after measurements of living or working in the aforementioned conditions will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of these tested experiences.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (30)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of living in a condition when one goes to bed right after the sunset and wakes up right after the sunrise. The before and after measurements of such lifestyle will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the benefits of the tested lifestyle.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (31)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of living in a high-rise building over 10 meters compared to the 30 meters building, in case of regular dwellings, this will be between 3 story house or 10 story house. The before and after measurements of living in such building will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of the tested living conditions.



【Mental and Other Aspects/Themes and Methods of Quantitative Proof (32)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of experiences such as touching or watching marine animals: whales, tropical fish, turtles and dolphins. The before and after measurements of such experiences will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body's condition, which quantitatively substantiate the benefits of the tested experiences.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (33)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of experiences, such as, watching movies, read comics, or watching videos on TVs or PCs. The before and after measurements of such activities will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of the tested activities.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (34)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of experiences, such as, reading novels or stirring imagination with reading literature. The before and after measurements of such activities will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of the tested activities.



【Mental and Other Aspects/Themes and Methods of Quantitative Proof (35)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of spending time petting the dogs, cats or other animals. The before and after measurements of such activities will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva

oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body's condition, which quantitatively substantiate the effect of the tested activities.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (36)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of receiving massages on the sole, wrist, tip of fingers and toes and head. The before and after measurements of such massages will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of the tested massages.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (37)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of scenting the fragrance of flowers of trees, jasmine, osmanthus fragrans and etc. The before and after measurements of scenting such fragrance of flowers will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the benefits of scenting flowers.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (38)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of being a sporting competitor or being a sports spectator. The before and after measurements of the top athletes of a competitive sport and spectators of sports will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of being a competitor or spectator of sports.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (39)】

This is for the purpose of people's healthy living. In the medical field, there is a white coat hypertension, a sudden rise of blood pressure caused by strain that happens when a patient is meeting with physicians and medical staff with white medical coats. In order to avoid the

symptom, some doctors and other medical staff wear outfits that are light pink or blue, or olive green. We will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of doctors or medical staff wearing a non-white softer color when meeting with patients. The before and after measurements of patient's experience meeting with the medical personnel wearing the aforementioned outfit will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the benefits of wearing such outfit by the medical personnel.

【Mental and Other Aspects/Themes and Methods of Quantitative Proof (40)】

This is for the purpose of people's healthy living. The kind words such as 'thank you' or 'I appreciate it' and the opposite 'you stupid' can have a different effect on people. We will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of hearing these words. The before and after measurements of people's experience hearing the aforementioned tested words and phrases will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of hearing these tested words and phrases.



Environmental Changes:

[Themes and Methods of Quantitative Proof (1)~(18)]

【Environmental Changes/Themes and Methods of Quantitative Proof (1)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of living in a tree house that utilizes the trunk and the branches of a large tree to receive the energy of the tree that is rooted to the earth and the gravity resistance. The before and after measurements of living in such environment will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the benefits of living in a tree house.

【Environmental Changes/Themes and Methods of Quantitative Proof (2)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of living in a floating houses located on a lake or river that is receiving the resistance of the water. The before and after measurements of dwelling in such floating houses will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the benefits of dwelling in such floating houses.



【Environmental Changes/Themes and Methods of Quantitative Proof (3)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of living in the outer space or in space satellites. The before and after measurements of living in such places will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the benefits of living in the tested conditions.

【Environmental Changes/Themes and Methods of Quantitative Proof (4)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of wearing sandals, wooden clogs, Japanese sandals, athletic shoes, boots or high heels. The before and after measurements of wearing aforementioned footwear will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect on wearing the tested footwear.

【Environmental Changes/Themes and Methods of Quantitative Proof (5)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result of sitting postures that are in life styles, such as, sitting using chairs, sitting on straw mats up straight and folding the legs under the body, sitting down cross legged. The before and after measurements of different sitting lifestyles will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor

salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of lifestyles with different manners of sitting.



【Environmental Changes/Themes and Methods of Quantitative Proof (6)】

As a means for people to live healthy, we will prove, through experiments and investigation, the degree of anti-oxidant action there is as a result, for our future generations: infants, preschoolers, kindergarten students, and lower grade students, to be in their communal living facilities. The before and after measurements of children being in different communal living will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of different communal living on children.

【Environmental Changes/Themes and Methods of Quantitative Proof (7)】

As a means for people to live healthy, we will confirm the oxidation and reduction level of the plants that produce oxygen by photosynthesis. We will prove, through experiments and investigation, the degree of anti-oxidant action of trunk, leaves, and sap and juice of the leaves of these plants. We will have two sets of testing conditions: first, from the environment that is thickly covered with the plant that has indicated a strong reduction ORP value, second, from the environment that is thickly covered with the plant that has indicated a strong oxidation ORP value. The before and after measurements of breathing the air of the aforementioned conditions will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information of the human body condition, which quantitatively substantiate the effect of the plants that are growing around us.



【Environmental Changes/Themes and Methods of Quantitative Proof (8)】

This is for the purpose of people's healthy living. This is to confirm the ORP measurement of the air during lightning strikes. We will prove, through experiments and investigation, the degree of anti-oxidant action there is to the air as a result of lightning strikes of the earth surface during summer and winter. The ORP of the air is measured before and after the summer lightning and winter lightning have occurred, and the before and after measurements of being in such environments will be taken by collecting a sample of the human saliva from the top of the tongue, which represents the collective index of all the saliva including the saliva from the minor salivary glands. Another set of saliva samples will be taken from each of the local salivary glands: parotid glands, submandibular glands and sublingual glands. These saliva samples will be measured using the human saliva oxidation and reduction potential (ORP) meter that is able to instantaneously acquire the ever-changing information